

PREVALENCE AND ASSOCIATED RISK FACTORS OF BOVINE BRUCELLOSIS IN SMALLHOLDER DAIRY COWS OF MYMENSINGH DISTRICT IN BANGLADESH

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ABSTRACT

Background: Most of the smallholder animal farmers in rural Bangladesh depend on livestock for their livelihoods but significant percentage of these animals do not achieve their potential mainly due to inadequate nutrition and disease and occasionally transmit zoonotic disease like brucellosis. Brucellosis has been recognized as a neglected zoonotic disease in the low-income countries that produce few or no clinical signs in the affected animals making it more difficult for the dairy farmers to use preventive measures. However, sero-monitoring could help to detect the occurrence of *Brucella* infection in smallholder dairy farm management system.

Objective: This study aimed to determine the prevalence and associated risk factors for positivity of bovine brucellosis by using sero-screening and milk ring test supported with questionnaire

Materials and Methods: A cross-sectional study on bovine brucellosis was conducted in smallholder dairy cows in the district of Mymensingh during the period from August to December 2019. Serum samples of 460 lactating cows along with their milk samples were collected randomly. Serum samples were screened for brucellosis with Rapid Antigen Kit Test and Rose Bengal Test (RBT), whereas milk samples were tested with Milk Ring Test (MRT). Farm and animal level demographic and risk factor data were collected using a questionnaire and analyzed using univariable and multivariable logistic regression.

Results: The overall sero-prevalence was found to be 3.9% (95% CI 2.4-6.2) using RBT and Rapid Antigen Kit Test and 2.8% (CI 1.5-4.9) using Milk Ring Test, respectively. The odds of brucellosis was 7.4 times (95% CI: 2.5-21.5) higher in cows with repeat breeding that without repeat breeding. Moreover, the sero-prevalence of brucellosis was significantly higher (Odds ratio: 15.7; 95% CI: 5.2-47.4) in cows with retention of fetal membranes than without retention of fetal membranes.

Conclusions: The prevalence of *Brucella* infection in smallholder dairy farms with no adaptation of any preventive measures against this disease in Bangladesh. The sero-prevalence of brucellosis recorded in this study should be interpreted with caution and confirmatory diagnosis is needed to know the accurate status of brucellosis in smallholder dairy farms. The prevalence of *Brucella* infection in smallholder farms by using sero-test and milk ring test warrants further molecular test prior to embarking on a control program.

Keywords: Prevalence, Risk factors, Bovine brucellosis, Smallholder dairy farms, Rapid antigen kit, Rose Bengal test, Milk ring test

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INTRODUCTION

Smallholder animal farmers in developing low-income countries like Bangladesh depend on their animals for their livelihoods. Most smallholder dairy farms are critical because they provide food, income, social status and are financial reserve for the family but most of their animals do not achieve their productive potential or even die due to disease including zoonotic pathogens, causing public health problems.¹ Brucellosis is a widespread economically important bacterial zoonotic disease with impact on human and animal health associated with reproductive disorders in both male and female animals in low to medium income countries of the developing world including Bangladesh. Bovine brucellosis is primarily caused by *Brucella abortus* and occasionally by *B. melitensis* where cattle are kept together with infected small ruminants.² The disease is usually asymptomatic but it causes abortion at first gestation, retained placenta, metritis and decreased lactation. After the first abortion, subsequently pregnancy are usually normal, however, some cows may shed the organism in milk and uterine discharges. Epididymitis, seminal vesiculitis, orchitis and testicular abscess are sometimes reported in bulls.³ Brucellosis has been reported as 'multiple burdens' disease with economic impacts attributable to human, livestock and wildlife.² Brucellosis has been successfully controlled or eliminated in livestock populations in high income countries, whereas its persistence in wildlife populations have become the main reservoirs. In low-income countries, brucellosis is endemic and neglected disease associated with livelihood burdens in animals and people and almost no effective control measures.² The prevalence of *B. abortus* infection in animals and humans in Bangladesh are largely confined to serological surveys in different species of domestic animals. Based on serological surveys performed during the last 50 years, the estimated prevalence of bovine brucellosis has reported from 2.4 to 18.4%^{4,5} with an average of 3.7%^{4,6} in cattle from Bangladesh. These results provide strong evidence that brucellosis is a problem in low-income country Bangladesh. In addition, assessment on the status of sero-prevalence and associated risk factors of brucellosis in the districts of Dinajpur and Mymensingh mainly based on hospital and village cases⁷ and commercial dairy farms of Chittagong Metropolitan area⁸ and humans in Sylhet district⁹ have also been reported from Bangladesh. Mostly the smallholder dairy farms located in the rural areas which supply raw milk and milk products to the consumers either directly or through milk processors organization in Bangladesh. The demand for consumption of meat and milk has recently been increased due to rapid urbanization that may cause the increase rate of transmission of zoonotic diseases like brucellosis. Therefore, this study aimed to determine the prevalence of bovine brucellosis and its associated risk factors in smallholder dairy lactating cows in Bangladesh.

MATERIALS AND METHODS

About 5 to 10 ml of blood from 460 randomly selected lactating cows were collected by using the jugular vein, of which 290 samples were collected from Mymensingh Sadar and 170 samples from Bhaluka Upazila, Mymensingh. The tubes contained blood were kept vertically at room temperature for one hour and then refrigerated at 4°C overnight before centrifugation at 3,000 rpm for 10 minutes for separation of serum samples. The separated serum samples were transferred into sterile Eppendorf tubes and kept at -20°C until tested. Milk samples were also collected from the same cows for performing milk ring test. Placenta and vaginal swabs or aborted fetus in case

of any abortion case (where available) were collected when the authority informed.

A standard questionnaire was used to collect data mainly on history of lactating cows and their production and breeding history. Questionnaire based data of age, sex, breeds, location, calving status, disease history were also recorded beside sample collection. For each sample, the following data were also collected (a) history of abortion, (b) history of retained placenta [yes, no], (c) History of repeat breeding (d) age group [≤ 6 years, ≥ 6 years] and (e) parity.

Laboratory evaluation

Two serological tests (a) Rapid Brucella Antibody Test (RBT) and (b) Rapid Kit Test were performed for antibody screening of the collected sera and milk samples were tested with Milk Ring Test (MRT) as follows:

Rose Bengal Test (RBT)

The test serum samples *Brucella abortus* antigen (William James House, Cowley Rd. Cambridge, CB4 0WX, UK) were kept 1 hour at room temperature before beginning the test. 30 μ l of each serum to be tested was placed on a glass plate circled approximately 2 cm in diameter. Then the vial of antigens was shaken gently and 30 μ l of antigen was put beside each of the sera and were mixed on the plate with a stirrer. Then the plate was placed on a mechanical rotator at 80 to 100 rpm for 4 minutes and the reading was taken immediately. Any sign of agglutination was considered as positive case of brucellosis in the tested serum and graded to be positive with clear agglutination (Fig 1) and negative if there was no sign of agglutinations.

Rapid Brucella Antibody Test Kit

The serum samples of cattle were subjected to antigen Rapid Brucella Antibody test Kit (Senspert[®] Brucella Ab Test Kit, Korea) to detect the antibodies of *B. abortus*. The test was performed as recommendation of the manufacturer. One drop (10 μ l) was dispensed into the specimen well. When the fluid was completely absorbed into the specimen well 2 drops (80 μ l) of buffer was added. Result was read within 5-10 min. The purple band should appear on the control line regardless of the test result. The presence of another band on the test line determines the result.

Milk Ring Test (MRT)

Antigen was kept at room temperature (18 to 23⁰C) for 1 hour before starting the test. After proper mixing, 1.0 ml of milk sample and 50 μ l of MRT antigen reagent were added in each tube. The milk and MRT reagent was mixed with vortex and incubated for 1 hour at +37⁰C and then between +2 to +8⁰C for 18 to 20 hours. Milk in the middle tube indicates positive result showing ring of cream more colored than underlying milk (Fig. 2). Milk in the two corner tubes indicate negative result shows ring of cream less colored than under lining milk.

Data analysis

The data were entered into a spreadsheet (Microsoft Excel 2010) and transferred to R 4.0.2 for analysis.¹⁰ Age was converted to categorical variable based on median. The frequency and

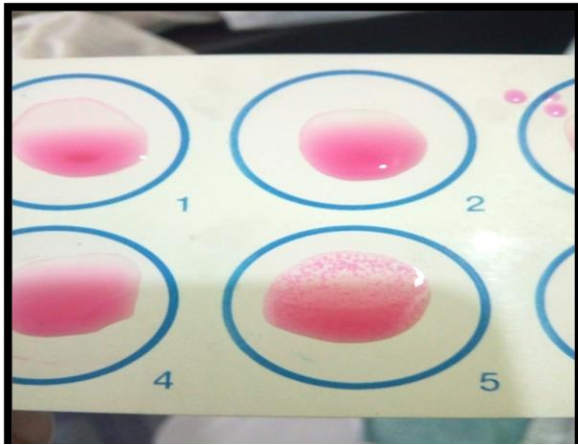


Fig. 1. Rose Bengal Plate Test showing positive for antibodies for Brucella infection in lactating cows.

An + Ab reaction form a ring (middle tube)



Fig.2. Milk Ring Test showing positive for Brucella antibodies in milk of smallholder dairy cows.

proportion of bovine brucellosis in each category of independent variable were calculated using “tabpct” function of the R package ‘epi Display.’¹¹

Pearson Chi-square Test

The brucellosis sero status (Yes/No) was considered as the response and other hypothesized risk factors were used as explanatory variables. Pearson Chi-square test was used to assess the univariable association between dependent and independent variables. The R functions “table” and “Chi-square test” were used to construct contingency tables and to perform Chi-square tests, respectively. Any explanatory variable associated with hTB status with a p-value of (≤ 0.10) was selected for multiple logistic regression analysis. Co-linearity among explanatory variables was assessed by Cramer's phi-prime statistic (R package “vcd,” “assocstats” functions). A pair of variables was considered collinear if Cramer's phi-prime statistic was >0.70 .¹²

Multivariable Logistic Regression Analysis

A stepwise (both forward and backward) multiple logistic regression model was used to identify risk factors for bovine brucellosis sero-prevalence. The best multivariable model was automatically selected by the software and it had the lowest Akaike's information criterion (AIC) value. The overall model fit was assessed by Hosmer-Lemeshow goodness-of-fit tests¹³ using “hoslem.test” function of the R package ‘Resource Selection.’¹⁴ Confounding was checked by observing the change in the estimated coefficients of the variables that remained in the final model by adding a non-selected variable to the model. If the inclusion of this non-significant variable led to a change of more than 25% of any parameter estimate, that variable was considered to be a confounder and retained in the model.¹⁵ The two-way interactions of all variables remaining in the final model were assessed for significance based on AIC values, rather than significance of individual interaction coefficients.¹⁵

RESULTS

Out of 460 randomly collected serum samples 18 serum samples 3.9% (95% CI 2.4-6.2) were found positive using RBT and Rapid Antigen Kit Test and 13 of the samples 2.8% (CI 1.5-4.9) were positive in Milk Ring Test, respectively. The results of the univariable association between brucellosis sero status (RBT) and explanatory variables are presented in Table 1.

Table 1. Univariable association of Rose Bengal test results with explanatory variables				
S/N Variables	Categories	Results		Chi-square test p-value
		+ve	-ve	
1. Age (years)	≤ 7	05 (02.0)	244	0.04
	> 7	13 (06.2)	198	
2. Parity	1-2	11 (04.5)	236	0.68
	3-4	07 (03.3)	206	
3. Abortion	Yes	11 (09.3)	107	0.001
	No	07 (02.0)	335	
4. Repeat breeding	Yes	12 (11.4)	093	<0.001
	No	06 (01.7)	349	
5. Retention of placenta	Yes	13 (17.3)	349	<0.001
	No	05 (01.3)	380	
6. Area	Mymensingh Sadar	11 (03.8)	279	1
	Bhaluka upazila	07 (04.1)	163	

Table 2 shows the results of the univariable association between brucellosis sero-status (RBT) and explanatory variables. Only age, repeat breeding and retention of fetal membranes were significantly associated with brucellosis.

Table 2. Risk factors retained in the final multivariable logistic regression model					
Variable	Categories	Coefficients	SE	Odds ratio (95% Confidence Interval)	p-value
Repeat breeding	Yes	1.99	0.57	7.4 (2.5-21.5)	< 0.001
	No	-	-	Reference	
Retention of placenta	Yes	2.76	0.56	15.7 (5.2-47.4)	< 0.001
	No	-	-	Reference	

Finally repeat breeding and retention of fetal membranes were associated with brucellosis. The odds of brucellosis was 7.4 times (95% CI: 2.5-21.5) higher in cows with repeat breeding that without repeat breeding. Moreover, the sero-prevalence of brucellosis was significantly higher (Odds ratio: 15.7; 95% CI: 5.2-47.4) in cows with retention of fetal membranes than without retention of fetal membranes.

DISCUSSION

Brucella is an intracellular zoonotic bacterium that causes abortion, retained placenta and metritis in female, and orchiepididymitis and infertility in males, resulting in reduced fertility and decrease milk production.² The intracellular *Brucella* has the ability to avoid recognition by the immune system of the host and promote its survival and replication. *Brucellae* reside mostly within phagocytes and other cells including placental trophoblasts. The ‘gold organs’ for nesting *Brucella*, in which *Brucella* replicates in cells of the reticular endothelial system include the spleen, lymph nodes, liver, bone marrow, epididymis and placenta.¹⁶ Low to medium seroprevalence rate of *Brucella* infection have been reported in animals and humans in developing low-income countries in the world including Bangladesh.

Diagnosis of clinical brucellosis in animals is initially made by the use of appropriate serological or other immunological tests, and confirmed by bacteriological isolation and identification of the agent.¹⁷ The sensitivity based on culture positivity accepted as the gold standard ranged from 87 to 100% for Rose Bengal test and still efficient methods for brucellosis serodiagnosis for IgG but ELISA for IgA and IgG antibody has been reported more specific and sensitive.^{18,19} Though serological tests for brucellosis have been in use for over 100 years, none has optimal sensitivity or specificity, leading to multiple modifications and development of new tests.²⁰ In order to be able to screen a large number of animals, the diagnostic tests should be inexpensive, easy to perform, rapid, highly sensitive and fairly specific.²¹ Rapid Antigen Test Kit, Milk Ring Test (MRT) and Rose Bengal Test (RBT), all the three tests are easy to be done and do not require specialized training or equipment and the components are stable and rapid in the management of large numbers of blood and serum samples, these factors make the test ideal for developing countries and rural settings especially in smallholder farms. The present study represents identification of various risk factors for brucellosis in cattle in two selected areas in the district of Mymensingh in Bangladesh.

The overall prevalence of brucellosis in lactating cows was estimated to be 3.9% (95% Confidence Interval (CI): 2.4-6.2) and 2.8% (95% CI: 1.5-4.9) based on RBT and Milk Ring Test, respectively. The 3.9% sero-prevalence rate of *Brucella* infection in smallholder dairy lactating cows recorded in this study found comparatively lower than the earlier reports of 8.9% in Chittagong Metropolitan area,⁸ 7.6% Chittagong,²² 8.5% in commercial dairy cattle in Sirajgonj,²³ 4.20% in selected dairy cattle²⁴ but it correlates with the 3.7% sero-prevalence reported based on analysis of 50 years reports.^{4,6} The difference in sero-prevalence among different reports might be due to differences on the geographical area, husbandry practices, animal species, infection status of the hosts, sample size and type of tests used.

Both Milk ring test (MRT) and Rapid Antibody Kit test are not considered sensitive because it is found that small number of infected animals and low grade infection may be overseen using the tests. However, this lack of sensitivity is compensated by the fact that the test can be repeated, usually monthly, due to its very low cost and gives a good reflection of serum antibody. False positive reactions may also occur due to abnormal milk like mastitic milk, colostrum and late lactation cycle milk. Variations in sensitivity depending on antigens of various sources and the use of good quality antigens made by experienced or reference laboratories, has been occasionally considered as a weakness of RBT. RBT overcomes false negative results because of prozones and

blocking and non-agglutinating antibodies.¹⁹ This is the basic test for twenty-three of the thirty countries where it is used. There is therefore a large measure of agreement on the use of this test, which is justified to the extent that the RBT is economical, simple and rapid, and gives few false negative or false positive results.

Commonly used tests for brucellosis in these studies detect antibodies produced in response to infection. A combination of tests may be used to improve accuracy or ability to detect. Given the endemic nature of brucellosis, positive test results are strongly correlated with infection burden. Depending on the sensitivity and specificity of individual and combined testing regimes and the true prevalence of disease within a country, test results may under or over-estimate the true prevalence but usually provide a rough guide.²

Brucellosis associated risk factors

About 20 different risk factors have been reported that contribute / predispose to occurrence of bovine brucellosis and these risk factors have been classified in four groups: (a) host factors, (b) farmer's factors, (c) management factors and (d) agro-ecological factors.²⁵ The results of this study suggest that the presence of brucellosis related symptoms, abortion, repeat breeding and retained placenta are significantly associated with brucellosis sero-positivity in Mymensingh Sadar and Bhaluka Upazila of Bangladesh. These findings are in conformity with the earlier reports^{8,22,26} who reported significant association between reproductive disorders and sero-positivity of Brucella infection from Bangladesh. However, comparatively higher sero-prevalence of brucellosis reported in cows with no history of abortion (38.5%) than with history of abortion (17.0%), whereas higher sero-prevalence reported in cows with retained placenta (36.0%) than without retained placenta (2.0%) elsewhere.²⁷

CONCLUSIONS

This study indicates that the brucellosis has an important impact on animal health associated with reproductive disorders in smallholder dairy farms in Bangladesh. Brucellosis is a neglected disease in low-income countries including Bangladesh that can be transmitted to humans through consumption of unpasteurized milk and milk products and direct contact with animal birth materials. However, serological tests could be used monitor natural Brucella infection in smallholder farms to prevent and control brucellosis especially reproductive disorders to minimize the economic losses and human health.

ETHICAL APPROVAL

Collection of blood samples and data were made from all smallholder farm owners by using verbal consent. This study was conducted under the approved research project No. 2021/1019/BAU which is approved by the Animal Ethical Committee of the University.

CONFLICT OF INTEREST

The authors declare no conflict of interest.

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